

Olmstead Planning Survey
(Coalition of Californians for Olmstead)
February 28, 2003

Number of Respondents: 685

Scores do not reflect an unduplicated count as some respondents marked more than one in each section.

I am:

- b. 305 A person with a disability not living in an institution
- g. 206 An advocate for people who have disabilities
- e. 132 A family member of a person with a disability who does not live in a institution
- h. 90 Other
- a. 89 A person with a disability* living in an institution**
- f. 77 A provider of long-term care services
- d. 37 A family member of a person with a disability who lives in an institution
- c. 23 A person with a disability who is homeless

**NOTE: Whenever the term "person with a disability" appears, it includes people of any age, including children and seniors.*

***NOTE: Whenever the term "institution" appears, it includes nursing homes, board and care homes, developmental centers, and other large facilities housing more than 6 people who receive services there.*

The disability population that I represent/am concerned about is: (check all that apply)

- b. 413 People with physical disabilities
- c. 388 People with mental disabilities
- e. 366 People with developmental disabilities
- a. 347 People age 65 and older
- d. 276 People with sensory disabilities
- f. 212 People currently residing in long-term care facilities
- i. 179 People with disabilities who are homeless
- g. 129 Youth in residential care
- h. 120 Youth in foster care transitioning to adulthood
- j. 84 Other

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KEY ISSUES TO ADDRESS

I. Consumer Participation

The federal government says that individuals with disabilities and their representatives should be integral participants in planning and implementing Olmstead. Please tell us what you think the state should do to make this happen. Check all that you support and add your own ideas.

- f. 385 Provide consumer friendly materials and facilitation, if necessary, to help all consumers understand
- g. 380 Provide adequate notice for meetings so people can attend, and provide written materials in advance so people can prepare
- h. 376 Have all meetings in accessible locations near public transit
- j. 376 Have consumers/representatives on each workgroup/planning committee(s) and all implementation workgroups
- c. 371 Hold planning/workgroup meeting in different locations around the state
- a. 333 Add consumers to the Long-Term Care Council, including people who are living or who have lived in institutions.
- i. 321 Provide information on how to request accommodation to participate in the process
- e. 299 Pay for consumers to participate (i.e., travel attendants)
- d. 297 Have free call-in number to participate in meetings
- k. 278 Translate materials into different languages
- b. 266 Pay consumers as consultants to the Olmstead planning and implementation process
- l. 73 Other ideas

II. Housing: Identify the needs in your community

Which housing or community living arrangements need to be expanded in your community to keep people out of institutions and get people out of institutions? Put two marks "xx" next to the most important; one mark "x" next to other important ones

- a. 907 Affordable rental housing
- c. 724 Supportive housing/supported living
- b. 673 Section 8 vouchers and other rent subsidies

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- k. 620 Affordable rental housing with services
- d. 584 Accessible housing
- h. 535 Small Group homes (6 or fewer people)
 - 326 ii. With behavior supports
 - 273 iii. With nursing supports
 - 258 i. With little additional support
- n. 480 Assisted Living facilities
- m. 464 Home modification and repair
- i. 433 Crisis homes
- l 427 Down payment or other home ownership assistance
- e. 423 Shared living arrangements
- j. 413 Short term transitional housing
- g. 338 Foster family homes for children
- f. 322 Foster family homes for adults
- o. 103 Other

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III. Community Services: Identify the needs in your community

Which services most need to be expanded in your community to keep people out of institutions and get people out of institutions? Put two marks "xx" next to the most important ones: one mark "x" next to the other important ones.

- c. 703 Transportation, including
 - 83 i. Taxi vouchers
 - 68 iii. Fixed route buses
 - 66 ii. Paratransit
- a. 696 Day activities, such as
 - 111 ii. Adult day health care
 - 95 i. Adult day care
 - 72 iv. Drop-in centers
 - 71 vi. After school programs
 - 68 iii. Alzheimers care
 - 52 v. Integrated day programs
- b. 602 Financial assistance
- r. 581 Transition services (institution to community), such as
 - 60 i. First and last month's rent
 - 53 ii. Security Deposit
 - 43 iii. Home furnishings
- o. 545 Respite care to relieve unpaid caregivers, including
 - 36 i. In-home
 - 32 ii. Short term out-of-home respite care

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- n. 541 Home health services (visiting nurse, visiting aide)
- i. 537 Personal assistant services/attendant care
- x. 525 Independent living training
- t. 511 Supported living services
- p. 501 Employment Services (help getting a job)
- w. 500 Behavioral supports
- j. 494 Meals, e.g., home delivered or at a center
- g. 465 Emergency response system
- h. 463 Adaptive equipment, such as
 - 52 ii. Electric or manual wheelchair
 - 45 i. Hospital bed
 - 26 iii. Adaptive/assistive technology/equipment

III. Community Services: Identify the needs in your community (Continued)

- q. 463 Supported employment
- d. 462 Back/emergency attendant care
- y. 445 Advocacy services
- f. 429 Peer support and counseling
- u. 422 Case management/services coordination
- z. 417 Wraparound services for children to live with their families
- v. 405 Money management
- e. 396 Voluntary in-home crisis care
- l. 381 Crisis homes
- m. 373 Mobile crisis intervention
- s. 362 Home furnishings
- k. 358 Homemaker
- aa. 213 Other services needed to prevent or delay institutionalization

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IV. What other barriers do people with disabilities face when they need care in the community? Check all that apply.

- a. 435 Lack of information about community long-term care services, People don't know where to go to find out about alternatives to nursing homes and other institutions
- b. 364 Lack of assistance in obtaining services
- c. 341 Lack of coordination of services
- e. 340 Easier to get into a nursing home than to find adequate services at home
- i. 328 Not enough flexibility in how people can design, use and pay for in-home services.
- d. 298 Lack of assessment for community services
- g. 283 Waiting lists for community services
- h. 278 Not enough funding for the waiver services such as nursing facility alternatives and case management
- f. 244 Service providers are not familiar with alternatives to institutional care
- j. 205 Lack of community services, specifically:
- k. 103 Other barriers

V. Strategies:

Which strategies are needed so that people who want to leave institutions can do so, and so that people who want to stay out of institutions can do so?
Put two marks "xx" next to the most important ones: one mark "x" next to other important ones.

- b. 627 Increase affordable and accessible housing
- e. 550 Adopt the "money follows the person" program so that individuals can choose whether to spend MediCal funds on care at home or care in an institution
- c. 536 Increase Medicaid Waivers so everyone who meets Medicaid's requirements gets services to stay out of institutions if they want to
- a. 529 Increase transition services to assist people moving from institutions to living in the community
- d. 517 Operate a diversion program which offers people alternatives before they go into an institution, so they stay at home if they choose
- m. 516 Increase funding to attract new providers where an insufficient local supply can be documented

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- k. 501 Require comprehensive discharge plans for all persons residing in institutions that identify the resources and supports they need to live in the community
- g. 485 Increase consumers' knowledge of their rights and options, including their right to choose among available service options
- j. 472 Involve community groups and peer advocates in helping people get out or stay out of institutions, including awarding outreach grants for the groups
- f. 443 Ensure that all services are voluntary - that no one is forced to accept any service or placement
- i. 437 Eliminate cap on IHSS (attendant care) hours per consumer
- l. 419 Allow long-term care consumers to design their own services plans within a set budget (this may be called "self determination" or "cash and counseling")
- h. 396 Establish one-stop centers and toll-free number for all long-term care information and resources
- n. 50 Other

VI. Next Steps

What would you like the state of California to do right now? Please check any you think are important

- a. 342 For people who want to get out of institutions and have already been approved: move them out NOW!
- e. 341 Include legislative and funding recommendations in the Olmstead Plan
- b. 336 Write an Olmstead Plan which has deadlines and goals, and which makes state agencies and officials responsible for following the plan
- d. 298 Circulate the draft Olmstead Plan for public comment before it is finalized
- c. 231 Write an Olmstead Plan that covers the next ten years

VII. Do you agree or disagree?

California's public policy should give preference to community-based care, and make institutional care a last resort

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|--------|-------|-------|----------|
| a. 431 | Agree | b. 10 | Disagree |
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